

EUCCHARISTIC SPIRITUALITY MODULE 3

October 21, 2020 (FALL Faith-Formation)

I – THE SIGN OF THE CROSS & PLEDGE OF ALLEGIANCE TO THE CROSS OF CHRIST

I pledge allegiance to the Cross of Christ, and to the faith for which it stands, one Church -- Holy, Catholic and Apostolic, with grace and salvation for all.

SOURCE: <https://handmaidsoftheimmaculate.weebly.com/blog/i-pledge-allegiance-to-the-cross>

II – ANGELUS

III – SAINT AUGUSTINE (Northern Africa, A.D. 354 – A.D. 430)

Bishop of Hippo. Doctor of the Church. Patron of theologians & confused youth. Feast Day: August 28.

HOLY SPIRIT PRAYER OF SAINT AUGUSTINE

Breathe in me, O Holy Spirit,
That my thoughts may all be holy.
Act in me, O Holy Spirit,
That my work, too, may be holy.
Draw my heart, O Holy Spirit,
That I love but what is holy.
Strengthen me, O Holy Spirit,
To defend all that is holy.
Guard me, then, O Holy Spirit,
That I always may be holy.

IV – A READING FROM THE GOSPEL ACCORDING TO JOHN 6:26-29

- 26 Jesus answered them and said, “Amen, amen, I say to you, you are looking for me not because you saw signs but because you ate the loaves and were filled.
27 Do not work for food that perishes but for the food that endures for eternal life, which the Son of Man will give you. For on him the Father, God, has set his seal.”
28 So they said to him, “What can we do to accomplish the works of God?”
29 Jesus answered and said to them, “This is the work of God, that you believe in the one he sent.”

V – WELCOME & REFLECTION (Cf. Laudate, One Bread, One Body, October 17, 2020 on statistic relative to the USA Sunday Mass attendance)

VI – WHY DO WE ALWAYS INCLUDE THE BLESSED VIRGIN MARY?

**CATHOLIC HYMN: HAIL QUEEN OF HEAVEN – ST. MARY CHOIR –
YOUTUBE** (SOURCE: Hail Queen of Heaven – Saint Mary Choir; 94,085 views, April 30, 2012;
Uploaded by Gerry Divinagracia; Run Time: 3:18)

Hail, Queen of Heaven, the ocean Star,
Guide of the wanderer here below,
Thrown on life's surge, we claim thy care:
Save us from peril and from woe.
Mother of Christ, star of the sea,
Pray for the wanderer, pray for me.

O gentle, chaste and spotless Maid,
From sin's domain God kept thee free,
Plead with thy Son, for He has paid
The price of our iniquity.
Virgin most pure, star of the sea,
Pray for the sinner, pray for me.

And while to Him who reigns above,
In Godhead One, in Persons Three,
The source of life, of grace and love,
Homage we pay on bended knee.
Mother and Queen, star of the sea,
Pray for thy children, pray for me.

VII – EPISODE 3: WHY A GOD? [Run Time: 30:04]

SOURCE: <https://watch.formed.org/products/the-search-begins-full-series>

VIII – PARISH WEBSITE CONNECTION, CF. EREN

IX – ASSIGNMENT, GRATITUDE & BLESSING

X – HYMN: LIFT HIGH THE CROSS

SOURCE: John Birkhead – You Tube
(Running Time 3:41) 337,665 views, June 22, 2013

NOTHING FOLLOWS AFTER THIS!